

## **APPENDIX 2 - Draft Early Help Specification (Summary)**

Key features of the Universal Emotional Wellbeing Specification are:

- 1.0 Effective and trusted relationships with leaders and managers in universal settings in order to build the capacity needed to meet the emotional health and resilience needs of children and young people.
- 1.1 Information, advice and guidance to children, young people, their parents and carers and the wider children and young people's workforce in universal settings.
- 1.2 Training and consultation support for practitioners in universal settings.
- 1.3 Promotion of and support in implementing whole setting interventions which promote emotional health and resilience.
- 1.4 Support for parents/carers to build their capacity to support children's emotional wellbeing and sustain resilience.
- 1.5 An offer of direct access for children , young people and parents /carers for children and young people with mild/moderate needs who have identified themselves, dropped in or have been identified by schools, GPs and other services as needing additional support.
- 1.6 An offer in universal settings of ensuring that children and young people with early help and specialist needs are able to maintain their resilience.

### **APPENDIX 3 – Draft Mental Health Specification (Summary)**

The Key features of the Children and Young People’s Mental Health Service (ChYPS) specification are:

- 2.1 This draft specification sets out the requirements for the delivery of a comprehensive and integrated emotional wellbeing and mental health service for children and young people.
- 2.2 The criteria outlined in the document mirrors the model in relation to the feedback from consultation with a range of stakeholders about what is needed from an effective service, as well as aligning to current national policy and guidance.
- 2.3 The purpose of this document is to specify the provision of mental health services at the Additional and Intensive/Specialist level (previously referred to as Tier 2 and Tier 3 of Child and Adolescent Mental Health Services (CAMHS)).
- 2.4 This health specification forms part of the national CAMHS Transformation Programme and sits alongside the Universal Emotional Wellbeing specification (Appendix 2) which outlines the universal provision commissioned by Kent County Council.
- 2.5 Highly Specialist Inpatient Services (Level 4) are not within the scope of this specification as they are commissioned by NHS England.
- 2.6 In brief, the services outlined within this specification are linked to and are interdependent with other services across Kent. For example (this is not an exhaustive list):
  - Early Help Emotional Wellbeing services
  - Public Health
  - Health Visiting
  - School Nursing
  - Community Child Health
  - Sexual Assault Referral Centre (SARC) & Sexual Health
  - Acute Paediatrics
  - Accident and Emergency Services
  - Perinatal Mental Health Services, including Mother & Infant Mental Health Service (MIMHS)
  - Adult Mental Health services including the community mental health and wellbeing service
- 2.7 Within the overall target population of 0 – 25-year-olds, the provision of ChYPS will also meet the additional level of emotional and wellbeing needs of those at risk and vulnerable groups, where there is an identifiable mental health need, for example, Children in Care, Children in Need, victims of Child Sexual Exploitation and Young Carers.
- 2.8 The specification has been designed to deliver against all five domains of the NHS Outcomes Framework and Domains Two and Four of the Public Health Framework. SMART local outcome measures are currently being developed in partnership with University of Central London.